

## Internacional Congress

Despite efforts over the last decades in addictions prevention, reports of several institutions responsible for this subject, either national or international, attest the change in drug use patterns. Not only the experiences tend to be earlier but also new substances or combinations of several substances multiply. This facts remembers, all the time, the need to increase knowledge and share successful practices in the treatment and prevention.

In this context arises the international congress organized by Centro de Solidariedade de Braga/Projecto Homem in collaboration with Universidade Católica de Braga. We intend to discuss "**Addictions and Risks in Childhood and Adolescence: From Prevention to Treatment**". Crossing knowledge from medicine to anthropology, from universities to therapeutic communities, we intend, in this multidisciplinary event, promote reflection and discussion about trends of use, from experimentation to abuse, to achieve an effective intervention. Aware that only through early interventions is possible to address the needs of populations and improve efficiency in the use of resources, it is important to discuss strategies and optimize the means to fight this problem.

## June 25 - Morning Session

**9:00** Registration

**9:30** Openning Session

**10:00** Plenary Conference:

### Guiding principles of prevention

**Moderator:** Paulo Dias<sup>1</sup>

**Lecturer:** Steve Sussman<sup>2</sup>

**11:00** Break

**11:15** Round Table:

### Prevention in different settings

**Moderator:** Fabrizia Raguso<sup>3</sup>

**Manuela Fleming**<sup>4</sup>

*The family roll*

**Maria Filomena Gaspar**<sup>5</sup>

*In the school context*

**Maria do Carmo Carvalho**<sup>6</sup>

*In recreational settings*

**13:00** Lunch free

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- <sup>1</sup> UCP - Braga  
<sup>2</sup> University of Southern California  
<sup>3</sup> UCP - Braga  
<sup>4</sup> ICBAS - University of Porto  
<sup>5</sup> FPCE -UC  
<sup>6</sup> UCP - FEP

## June 25 - Afternoon Session

14:30 Parallel Sessions:

Round Table:

### Problems Related to alcohol: Experiences and challenges

Moderator: *Silva Martins*<sup>7</sup>

**Maria Raul Xavier**<sup>8</sup> Alcohol consumption during pregnancy and the risk to child`s development: reflections about the portuguese context

**Jorge Barbosa**<sup>9</sup> Social and community mediation: one model of social reintegration of people de with addictions

**Ana Feijão**<sup>10</sup> The challenges of working with alcoholics

Simposyium:

### Young and children in situation of vulnerability in addictions

Lecturer: **Antonio Jesús Molina Fernandez**<sup>11</sup>

Moderator: *Sara Leite*<sup>7</sup>

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- 7 CeBS/Projecto Homem  
8 UCP – FEP  
9 CRI Oriental  
10 Alcoholicity Unit of Coimbra  
11 University Complutense of Madrid

Free Communications:

### Prevention of risk and psychosocial adjustment

Moderator: *Carlos Peixoto*<sup>12</sup>

**Ana Maria Costa Oliveira**<sup>13</sup> The model of forces in social intervention with young at risk

**Ana Cristina dos Santos, José Castilho & Juan Marzo**<sup>14</sup> The effect of affectivity in the behavior of Portuguese adolescents

**Tiago Borges, Tiago Ferreira, Carla Oliveira, Cristiana Fernandes, Tânia Barroso & Sira Lopes** Meeting of youth: participatory autonomy and reduction of risk behavior

17:00 Plenary Conference:

### Promoting excellence in drugs prevention

Lecturer: **M<sup>a</sup> Teresa Laespada Martinez**<sup>15</sup>

Moderator: *Liliana Trigueiros*<sup>16</sup>

18:00 Closing

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- 12 Social Security Institute, I.P – EMAT Porto  
13 UCP – FCH  
14 University of Elche  
15 Universidad of Deusto  
16 UCP – Braga

## June 26 - Morning Session

9:30 Plenary Conference:

### Medical and sociological aspects of use, abuse and dependence

Lecturer: **Otto-Michael Lesch**<sup>17</sup>

Moderator: **João Bessa**<sup>18</sup>

11:00 Break

11:15 Parallel Sessions

Simposium:

### Evaluation of intervention programs in addictions.

Lecturer: **Antonio Jesus Fernandes Molina**<sup>19</sup>

Moderator: **Abel Pereira**

Free Communications:

### The drug phenomenon in children and young in school context: from analysis to comprehension

Moderator: To be confirmed

**Paulo Dias, Estela Portela,** Time perspective and self-

& **J.A Garcia del Castillo**<sup>20</sup> regulation in substance use and school success

**Edjiane Costa e Ana Tomás de Almeida**<sup>21</sup> The psychosocial adjustment of young in abstinence: a comparative study

**Armanda Gonçalves**<sup>22</sup> Drugs! I say no and you?

13.00 Lunch

## June 26 - Afternoon Session

14:30 Round Tables

### Guiding principles of treatment in drugs addictions: Good practices

Moderator: **Daniela Monteiro**<sup>23</sup>

**Elísio Barros** Therapeutic Community - Centro Jovem Tejo

**Andrea Ascari** CeLS Bologna

**Mari Paz** Proyecto Hombre Valladolid

**Sofia Mexia Alves** Cleanic - Portage Program

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<sup>17</sup> University of Vienna

<sup>18</sup> University do Minho

<sup>19</sup> University Complutense of Madrid

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<sup>20</sup> UCP - Braga /University of Elche

<sup>21</sup> University of Minho

<sup>22</sup> UCP - Braga

<sup>23</sup> UCP - Braga

## Guiding principles on drug use prevention

**Moderator:** Virgínia Freitas

**Sofia Mexia Alves** Prevention program: give the jump with Dropi!

**Luis Saldanha** Project More attitude

**Isabel Costa** Project better safe

## 16.15 Round Table

### Old and new challenges of prevention and treatment

**Moderator:** Berta Maia<sup>24</sup>

**Henriette Walter**<sup>25</sup> Alcohol

**Xavier Carbonel Sánchez**<sup>26</sup> Technological dependencies

**Henrique Echeburúa**<sup>27</sup> Pathological gambling

## 18:00 Closing session

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<sup>24</sup> UCP – Braga

<sup>25</sup> University of Vienna

<sup>26</sup> University Ramon Llull

<sup>27</sup> University of País Vasco

## Committees

### Scientific Committee

Alfonso Arteaga / Public University of Navarra / Spain

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Clara Costa Oliveira / Universidade of Minho / Portugal

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José Garcia del Castillo / University Miguel Hernández / Spain

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Vera Duarte / ISMAI - Social and Behavioral Sciences  
Department / Portugal

**ORGANIZING COMMITTEE**

Paulo César Azevedo Dias (Coordenador do Congresso)

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